

For returning coaches, follow the instructions in the PDF here:

**YOU MUST USE A COMPUTER OR LAPTOP. PHONES AND TABLETS DO NOT ALLOW YOU TO DOWNLOAD THE CERTIFICATE.**

If you already have an account and have previously completed this training, log in here:  
<https://safesporttrained.org/#/dashboard> Which course to take:

If you have taken training before, you should take the next available Refresher Course.

The training runs in a 4-year cycle as follows:

- Year 1: SafeSport Trained – U.S. Soccer Federation,
- Year 2: Refresher 1,
- Year 3: Refresher 2,
- Year 4: Refresher 3,
- Year 5: SafeSport Trained – U.S. Soccer Federation (again).

For example, if you already took Refresher 2, then take Refresher 3.

On your 5<sup>th</sup> year completing SafeSport training, the 4-year cycle restarts. That is why you are required to then complete the “SafeSport Trained – U.S. Soccer Federation” again. Then, your 6<sup>th</sup> year you will complete the Refresher 1 course, and so on.

\*Please note: There are other courses available in the catalog. These are optional and do not meet the training requirement established by the Center for SafeSport.